

Life Group Leader Notes

June 9, 2024

Worship

The Lord told Moses to tell Pharaoh to:

“Let my people go that they may worship Me.”

Exodus 7:16

There was a purpose for the people of God. They were created to worship, to offer up sacrifices to God. The sacrifices of the Old Covenant were dead animals. In the New Covenant, our sacrifices are “living sacrifices”.

Jesus was a worshipper.

Worship = attributing worth.

Ways Jesus Worshipped the Father

1. Jesus did things that pleased the Father. We have to try to please Jesus daily.
2. He praised and gave thanks to the Father.

“I will sing praises to Your Name in the midst of the congregation.”

Hebrews 2:12

He will do this through us. Our bodies are temples of the Holy Spirit. When we don't praise, we are holding Jesus back from praising the Father.

Discussion: What is hindering your praise and worship?

3. He loved and honored the Father.
4. He depended on the Father.

“The Son of Man can do nothing of Himself.”

John 5: 19

When we completely rely on Him, it's an act of worship.

We can do all things through Him who strengthens us. *Philippians 4: 13*

Discussion: Do you find that you are relying on yourself for something?

5. He came to do the will of the Father.

“Not my will but Your will be done.”

Luke 22:42

It is not our will or other peoples' will, but we need to live by God's Word.

We need to get to a place where The Word of God is paramount in our lives.

Discussion: Is God's word paramount in your life?

6. He glorified the Father.

“Whatsoever you ask in My Name that will I do, that the Father be glorified.”

John 14: 13

Apart from me, you can do nothing.

John 15: 5

The Father is working. The glory belongs to Him.

We must give God the glory, not take credit for things.

Discussion: Do you find yourself looking for credit?

9 Ways to Worship with our Body

Three ways involve our mouth, three ways involve our hands, and three ways involve our whole body.

1. Speaking

“I will praise Him among the multitude.”

Psalm 109: 30

2. Singing

“Serve the Lord with gladness; Come before Him singing.”

Psalm 100: 1

3. Shouting

“Shout aloud and sing for joy, oh people of Zion, for great is the Holy One of Israel among you.”

Isaiah 12: 6

4. Clap your hands.

Clap your hands, all you nations; shout to God with cries of joy. For the Lord Most High is awesome, the great King over all the earth.

Psalm 47:1-2

5. Lifting up your hands, which means surrender.

6. Playing instruments.

Praise the Lord with the harp; make music to him on the ten-stringed lyre.

Psalm 33:2

7. Standing

He is worthy. We stand in honor of Him.

You who minister in the house of the Lord, in the courts of the house of our God.

Psalm 135:2

8. Kneeling

We kneel out of reverence, surrender.

Come, let us bow down in worship, let us kneel before the Lord our Maker.

Psalm 95:6

9. Dancing

Let them praise his name with dancing and make music to him with timbrel and harp.

Psalm 149: 3

We dance because we are joyful.

“The joy of The Lord is our strength.”

Nehemiah 8:10

Discussion: How do you worship?