

**Life Group Leader Notes**  
**February 9, 2025**  
**Disciplines of Christ Followers**

A follower of Jesus must be a disciplined one = disciple.

**8 Disciplines**

1. We must be worshippers.

*Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name.*

*Psalm 100: 4*

*Yet a time is coming and has now come when the true worshippers will worship the Father in the Spirit and in truth, for they are the kind of worshippers the Father seeks. God is spirit, and his worshippers must worship in the Spirit and in truth."*

*John 4: 23*

Worship is not just what we do on Sundays, it is a lifestyle. Whatever we do it must be for His glory. When we gather, we must worship him with our whole hearts. In Hebrews 2: 12, Jesus says, "I will declare your name to my brothers and sisters; in the assembly I will sing your praises." Worship prepares our hearts to receive the seed that causes us to grow and develop.

***Discussion: What needs to change in your life to bring Him glory?***

2. We must watch, pray, intercede.

Understand we are in a battle. Put on the full armor of God.

*Read Ephesians 6: 10-18*

Putting on the armor is putting on Christ daily. He is our salvation. The battle is threefold: against the devil, the world, and self.

***Discussion: Do you put on Christ daily?***

3. We must read God's Word.

We must base our life on God's Word. Our faith must be rooted in God's Word; Meditate on God's Word. Memorize God's Word. Proclaim and Declare God's Word. Fight the enemy with God's Word.

*So then faith comes by hearing, and hearing by the word of God.*

*Romans 10: 17*

*Your word is a lamp for my feet, a light on my path.*

*Psalm 119: 105*

***Discussion: How do you hear God's word daily?***

4. We must grow in Christ's character which are the fruits of the spirit.

*But the fruit of the Spirit is love, joy, peace, long suffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law.*

*Galatians 5: 22-23*

Ask the Holy Spirit to apply the fruits of the Spirit to your life. The only way people will see Jesus is through His saints. (Colossians 1: 27)

***Discussion: What “fruits of the spirit” do you need to apply to your life?***

5. Understand the power we have in Jesus.

We need both the character and the power of Christ to be effective.

*And Jesus came and spoke to them, saying, “All authority has been given to Me in heaven and on earth.*  
*Matthew 28: 18*

6. We need to hear God’s voice.

He speaks through dreams, visions, prophecy, tongues and interpretations. But, he primarily speaks through His word. Our faith is built on His word, there is no new revelation.

***Discussion: How does God speak to you? Do you hear His voice?***

7. We must be servants.

Ministry is service. We all have something to do to serve the body of Christ. Serve with the mind of Christ. We serve because we love Him and the body of Christ.

*Let this mind be in you which was also in Christ Jesus, who, being in the form of God, did not consider it robbery to be equal with God, but made Himself of no reputation, taking the form of a bondservant, and coming in the likeness of men. And being found in appearance as a man, He humbled Himself and became obedient to the point of death, even the death of the cross. Therefore, God also has highly exalted Him and given Him the name, which is above every name, that at the name of Jesus every knee should bow, of those in heaven, and of those on earth, and of those under the earth, and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father. Philippians 2: 5-11*

***Discussion: How do you serve the body of Christ?***

8. We must be filled with the Holy Spirit.

*Therefore, brethren, seek out from among you seven men of good reputation, full of the Holy Spirit and wisdom, whom we may appoint over this business.*

*Acts 6: 3*

We are involved in eternal things. We are doing things for eternity.

*He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water.”*  
*John 7: 38*

Let us pray, that God will remove whatever hinders the Holy Spirit in our lives so we can serve Him effectively and bring Him glory!